

# Take Back Your Mind UK | TBYSUK

Creating Healthier Minds.  
We Are On Your Side.

## Terms of Use

Last Updated: 23/09/2023

### 1. Acceptance of Terms

By accessing and using this website (the "Site"), you agree to comply with and be bound by these Terms of Use ("Terms"). If you do not agree to these Terms, please do not use the Site.

### 2. Changes to Terms

We reserve the right to change, modify, or revise these Terms at any time without prior notice. Your continued use of the Site after any changes to these Terms will constitute your acceptance of such changes.

### 3. Use of the Site

- You must be at least ten years old to use this Site.
- You are responsible for maintaining the confidentiality of your account and password for this Site.
- You agree not to use the Site for any illegal or unauthorised purpose.
- You agree not to disrupt or interfere with the security or operation of the Site.

### 4. User Content

You may submit content to the Site, including comments, reviews, or other materials. By submitting content, you grant us a non-exclusive, royalty-free, perpetual, and worldwide license to use, reproduce, modify, adapt, publish, translate, distribute, and display such content.

### 5. Privacy

Your use of the Site is also governed by our Privacy Policy

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## 6. Intellectual Property

All content on this Site, including text, graphics, logos, images, audio clips, and software, is the property of Take Back Your Mind UK LTD or its licensors and is protected by copyright, trademark, and other intellectual property laws.

## 7. Limitation of Liability

The Site is provided "as is" without warranties of any kind, either express or implied. We shall not be liable for any damages arising from your use of the Site.

## 8. Indemnification

You agree to indemnify and hold Take Back Your Mind UK LTD, its affiliates, officers, agents, and employees and volunteers harmless from any claims, liabilities, costs, or expenses arising from your use of the Site or your violation of these Terms.

## 9. Termination

We reserve the right to terminate or suspend your account and access to the Site at our sole discretion, without notice, for any reason, including if you violate any Terms of Use or Guidelines throughout the Site.

## 10. Governing Law

These Terms shall be governed by and construed in accordance with the laws of England & Wales.

## 11. Contact Us

If you have any questions or concerns about these Terms, please contact us at [contact@tbymuk.org](mailto:contact@tbymuk.org)